

**C I R C U L A R**

**Date:** March 29, 2007  
**Ref:** ZADC/GEN/AAZ/gs-482

**TO: ALL CONSULTANTS / CONTRACTORS**

Dear Sir,

**SUBJECT: PERSONAL FALL ARREST SYSTEM**

With reference to the above subject, please be informed that the **Full Body Harness** conforming to our Health, Safety and Environment Regulations and international standards should only be used as **Personal Fall Arrest System (PFAS)**. We hereby would like to clear the misunderstanding in the use of waist safety belts as personal fall arrest system. Usages of waist safety belts are **strictly prohibited** since 1-Jan-1998 due to following disadvantages:

- 1) It will lead to wearer's spinal cord damage due to dynamic shock in the event of fall.
- 2) It will lead to head injury to wearer due to striking against the hard surface in the event of fall, and
- 3) It will be difficult to rescue the wearer in case of emergency.

All concerned are instructed to adhere/ comply with our Health, Safety and Environment Regulations.

Should you have any queries, please do not hesitate to contact our **Customer Service** on **04- 39 00 500**.

The above is for your information, records and further necessary action.

For, and on behalf of  
**DUBAI TECHNOLOGY AND MEDIA  
FREE ZONE AUTHORITY - DTMFZ**

**Cc:** ZADC

